

## James Island Weekly Menu July 8-12



|                              | Monday                                                | Tuesday                                                | Wednesday                                    | Thursday                                       | Friday                                               |
|------------------------------|-------------------------------------------------------|--------------------------------------------------------|----------------------------------------------|------------------------------------------------|------------------------------------------------------|
| AM SNACK:                    | Nutrigrain Bar                                        | Strawberry Chex Mix*                                   | Homemade Frazzle Bagel                       | Cheddar Cubes*                                 | Carnival Cake Walk                                   |
|                              | &                                                     | &                                                      | w/Cream Cheese*                              | &                                              | &                                                    |
|                              | Milk*                                                 | Grapes                                                 | Fruit                                        | Ritz Crackers                                  | Apple Slices                                         |
| Lunch:<br>2% Organic<br>Milk | Beef & Rice<br>Casserole<br>Uma Beans<br>Apple Slices | Tomato Basil Soup*<br>Grilled Cheese*<br>Orange Slices | Pasta Carbonara***<br>Green Beans<br>Berries | Homemade Pizza*<br>Mixed Green Salad<br>Grapes | Hot Dogs#<br>Tater Tots<br>Baked Beans<br>Watermelon |
| PM Snack:                    | Cool Ranch Doritos*                                   | Hummus#                                                | Pretzel Crisps                               | Veggie Chips                                   | Popsicles                                            |
|                              | &                                                     | &                                                      | &                                            | &                                              | &                                                    |
|                              | Cherry Craisin                                        | Pita Chips#                                            | Veggie Dip*                                  | Mandarin Oranges                               | Animal Crackers                                      |

Menu subject to change due to availability

Contains Dairy\*
Contains Egg \*\*

Contains Egg and Milk\*\*\* Contains Sesame #

